



February 1, 2018  
Behavioral Health Advisory Board  
Meeting Minutes

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P.O. BOX 85524  
San Diego, CA 92186-5524  
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**MEMBERS PRESENT**

Joel San Juan – District 1  
Bill Stewart – District 1  
Michael Matthews – District 2  
Jenifer Mendel, Chairperson – District 2  
Deanne George – District 3  
Colin MacKinnon – District 3  
Ed Weiner – District 3  
Tom Behr – District 4  
Jerry Hall, Member-at-Large (ADS) – District 4  
John Sturm, 1<sup>st</sup> Vice Chair – District 4  
Judith Yates – District 4  
Richard McGaffigan, Member-at-Large (MH) – District 5

**MEMBERS NOT PRESENT**

Eyra Leeper – District 1  
Rebecca Hernandez, 2<sup>nd</sup> Vice Chair – District 2  
Phil Deming – District 5  
Dana Hamilton – District 5  
K.C. Strang – District 5

**STAFF TO THE BEHAVIORAL HEALTH ADVISORY BOARD**

Alfredo Aguirre, Director, Behavioral Health Services (BHS)  
Ben Parmentier, Administrative Analyst III, Behavioral Health Services

**I. CALL TO ORDER**

The Behavioral Health Advisory Board (BHAB) meeting was called to order by Jenifer Mendel, Chair, at 2:30 p.m. at the County Administration Center, 1600 Pacific Highway, San Diego, California 92101, Room 302.

**II. INTRODUCTION OF BOARD MEMBERS**

Members of the BHAB introduced themselves.

**III. APPROVAL OF THE MINUTES – FEBRUARY 1, 2018**

ON MOTION of John Sturm, seconded by Michael Matthews, BHAB approved the minutes of January 4, 2018 as written.

AYES: 8 NAYS: 0 ABSTENTIONS: 2

**IV. PUBLIC COMMENT**

None

**V. PRESENTATION: NATIONAL COUNCIL ON ALCOHOLISM AND DRUG DEPENDENCE**

**Bob Elliott, San Diego Chapter President**

Bob Elliott came before the board to discuss the National Council on Alcoholism and Drug Dependence (NCADD). The San Diego Chapter of the NCADD works with their local partners to provide services that help individuals with alcoholism and drug dependence. Some of the services include information and referral services, intervention and DUI programs, education, and outpatient and residential treatment. Their mission is to help people that need recovery to get into recovery.

**DISCUSSION:**

Q: Since mental health and addiction issues often occur together, is there any mental health evaluation that you use for people that need assistance with both issues?

A: NCADD receives calls from people working on their addiction who have other health problems and don't know where to go to get help. Sometimes the individual can get worse if they do not know where to go, so we try to refer them appropriately.

Q: Would NCADD be considered an extension of 2-1-1, or a similar service?

A: NCADD has been able to receive calls from people who have tried to use 2-1-1 and may be able to give callers different options, or compliment their services.

**VI. PRESENTATION: DRUG MEDI-CAL ORGANIZED DELIVERY SYSTEM**

**Alfredo Aguirre, Director, Behavioral Health Services**

**Dr. Nicole Esposito, Assistant Medical Director, Behavioral Health Services**

The Drug Medi-Cal Organized Delivery System (DMC-ODS) is set to be implemented in July 2018. The objectives of the implementation are: increase network capacity and offer new services, increase local oversight, and ensure efficient care coordination and linkages.

**DISCUSSION:**

Q: Financial risk: what is the local cost to the County? Will there be an impact on mental health funding?

A: Behavioral Health Realignment dollars are being allocated to fund some of the local costs. However, Counties could use funds from other sources. We've put this money aside to designate it for this purpose. Our commitment is to identify revenues dedicated to this initiative, and not adversely impact other priorities.

Q: What if a client has a co-occurring issue such as substance abuse and mental health disorder. Would their services need to be billed to two different funding accounts?

A: BHS has three programs that are co-located (hybrid model) housing both a mental health component and a substance abuse component. When being seen for mental health, they will use the mental health component. Programs may not always be able to bill seamlessly. However, patients are able to have an appointment one day for one type of service and on the same day, other services.

Q: Will there be a universal way of reporting wait time issues, and other data-heavy information?

A: The new system will be able to connect data between levels of care. Staff will track clients as they complete a transition between a recovery residence, outpatient treatment, or into another program.

Q: Is there an exception to the length-of-stay limits that could be used by people who are going to the emergency room frequently, or an exception for people who might need a longer time than two 30 day stays?

A: Counties and the State will review the pilot data after 1 year and see if the requirements need to be adjusted. There is also special language for certain groups of people including perinatal and the criminal justice population that could be eligible for extended stays, depending on the County. More information about this will be forthcoming.

Q: Are the length-of-stay limits reset annually?

A: They are based on the client's date of episodes. It is not a calendar or fiscal year that dictates them.

**VII. INFORMATIONAL ITEM: NO PLACE LIKE HOME BOARD LETTER**

**Kelly Salmons, Program Coordinator, Housing and Community Development Services**

This item has been moved to a future meeting.

**VIII. DIRECTOR'S REPORT**

**Alfredo Aguirre, Director, Behavioral Health Services**

- The HHSA Ten-Year Roadmap for Behavioral Health Services is being finalized and will be sent out soon. Thank you to BHAB for your input.
- The 2018 State of the County Address is being presented by Supervisor Gaspar on February 27<sup>th</sup> at 6pm in La Jolla at the Scripps Seaside Forum.
- The 2017 Community Engagement report summary has been distributed to BHAB. Adrienne Yancey will return to a future BHAB meeting to discuss the 2018 Community Engagement Plan.

**IX. CHAIRPERSON'S REPORT**

**Jenifer Mendel, Chair**

- The 2017 BHAB Annual Report is being drafted. Ben is asking for quotes and photos that you would like to highlight. A draft is expected in the coming month.
- Ethics and re-appointment issues are facing many BHAB members. Ben is sending out notices to those that need to complete ethics training or need reappointment by their Supervisor's office.

**X. ADVOCATE REPORTING**

- Jenifer Mendel and Jerry Hall went to the California Association of Local Behavioral Health Boards and Commissions statewide training. They learned best practices to share with staff.

**XI. BOARD MEMBER COLLABORATION: DISCUSSION**

- Discussed that monthly topics for collaboration be sent to Ben in order to provide information from BHS staff prior to meeting. Topics should go to Ben and then information can be included in the packet.
- Staff always incorporate BHAB suggestions, comments, and discussions as they work to meet the community's behavioral health needs. Please feel free to reach out to staff with input on programs and service delivery.

**XII. MEETING ADJOURNMENT**

ON MOTION of John Sturm, seconded by Joel San Juan, the meeting adjourned at 4:45 p.m.

AYES: 11 NAYS: 0 ABSTENTIONS: 0

**Brown Act Procedure:** *As required by California Government Code 54950 et seq. (Ralph M. Brown Act), a copy of the packet of information that was mailed to Behavioral Health Advisory Board members at the point of posting of this agenda has been placed at the reception desk at 3255 Camino Del Rio South, San Diego, CA 92108, for public inspection, and is available at the site of the meeting for public inspection. Members of the public wanting their own copy of the advance materials may request them under Government Code 6250 et seq. (Public Records Act) and receive them on payment of copying charges of \$0.20/page, and actual mailing charges, if mailing of the material is requested. If you are planning to attend and need special accommodations, you must call Jackson Alexander at (858) 505-6521, at least three days in advance of the meeting.*

[Signatures to be inserted here]